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Throughout Bragg's many publications, the author's biography began with, "Paul C. Bragg is himself the best testimonial for the value of his teachings." Today, that claim appears ironic. Today, that claim appears ironic.

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dedicated Bragg volunteer leaders six days a week, Monday through Saturday, from 9 to 10:30 a.m. This club was founded by Paul C. Bragg and his daughter Patricia over 40 years ago and is still active

See class exercising on web www.bragg.com The Bragg Lo

Patricia Bragg N.D., Ph.D., is a world-renowned lecturer, nutritionist, author of 10 self-health books, and the CEO of Bragg Live Foods, Inc., a company founded by her father, Paul C. Bragg, in 1912. Patricia has won international fame on her own in this field.

APPLE CIDER VINEGAR: Miracle Health System - free PDF, CHM

Written by father-daughter team Patricia and Paul C. Bragg, both NDs and PhDs in the field of nutrition, Bragg Vegetarian Health Recipes for Super Energy and Long Life to 120 features over 300 pages and 700 recipes, devoted to both raw and cooked vegetarian recipes for salads, dressings, soups, entrees, desserts, and more.

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